

## **CID PEER SUPPORT PROGRAM**

 Are you over 18 years old and live with a disability?

• Do you feel isolated and alone?

 Are you looking for more ways to connect with others in your community?

Do you live in San Mateo County?

## IF SO, JOIN US!

PEER SUPPORT GROUP EVERY **WEDNESDAY AT 2:00 P.M.** 

FIRST MEETING IS WEDNESDAY. **OCTOBER 16TH, 2024.** 

**CID Peer Support Program Location:** CID Headquarters 2001 Winward Way #103 San Mateo, CA 94404

Wednesdays 2 - 3:33 P.M.

Snacks and Beverages will be provided following the group meeting from 3:30 P.M. to 4:00 P.M.

**Got Ouestions? Please Contact Shira Leeder or Peter Chiu** 



shiral@cidsanmateo.org 🔀 peterc@cidsanmateo.org





🤇 (650) 645-1780 Ext. 127

We look forward to seeing you and serving your peer support needs.

YOU ARE NOT ALONE!

